

Anuja Dokras, MD, MHCI, PhD



Anuja Dokras, MD, MHCI, PhD, is Founder's Professor of Women's Health, Executive Director of the Women's Health Center for Clinical Innovation, Director of the Penn Polycystic Ovary Syndrome Center, Medical Director of the Reproductive Surgical Facility and Director of the Penn

Preimplantation Genetic Diagnosis Program.

Dr. Dokras received her medical degree from the University of Bombay, India, and went on to receive her doctorate in medicine as a Rhodes Scholar from the University of Oxford, United Kingdom.

Dr. Dokras completed her post-doctoral research fellowship, internship and residency in Obstetrics and Gynecology, and fellowship in Reproductive Endocrinology and Infertility at the Yale University School of Medicine.

At the University of Pennsylvania, her research program focuses on understanding the determinants of cardiovascular disease risk associated with PCOS at both the cellular and population level. She also studies the impact of clinical interventions on pregnancy, health related quality of life, anxiety and mood disorders in PCOS. Her research has been

funded by the National Institutes of Health, Patient Centered Outcomes Research Institute, American Society of Reproductive Medicine and Reproductive Scientist Development Program.

Dr. Dokras has served as the Medical Director of the IVF program at Penn Fertility Care and currently, directs the Preimplantation Genetic Testing Program. As Director of the Penn Polycystic Ovary Syndrome Center, her leadership has created a unique multidisciplinary program for women with PCOS throughout their lifespan, offering nutritional, dermatological, weight management and psychological services. In addition, she directs the Women's Health Center for Clinical Innovation (WHCCI), an unprecedented concept that focuses on redesigning and reimagining healthcare delivery across the stages of women's lives.

Past President of the Androgen Excess (AE)-PCOS Society, an international society focused on supporting education, research and patient awareness related to all aspects of androgen excess disorders, her leadership has made her sought after expert and speaker at national and international forums. She serves on the Editorial board for *Endocrine Reviews and Fertility and Sterility*.