

Tamara M. Tobias, ARNP, WHNP-BC



Tamara M. Tobias, ARNP, WHNP-BC, StartART Congress Co-Chair, is a women's healthcare nurse practitioner at Pinnacle Fertility – formerly known as Seattle Reproductive Medicine (SRM) where she provides comprehensive care to infertile persons, egg freezing and fertility education for over 20 years.

Ms. Tobias earned a Bachelor of Science degree in Nursing at the College of Saint Benedict in St. Joseph, Minnesota, then, graduated from the Women's Health Care Nurse Practitioner Program at Harbor-UCLA Medical Center before receiving a Master's of Science in Nursing from California State University in Long Beach.

Ms. Tobias served as a Lieutenant Officer, US Navy at the Naval Medical Center in San Diego, where she was a charge nurse in the emergency and pediatric departments. After completing military service, she joined the nursing staff of San Diego Fertility Center where she discovered her passion for helping infertile persons and couples fulfill their goals of family building.

She is the Past President PCRS (Pacific Coast Reproductive Society 2024), and current member of PCRS. She is the Director-at-Large, of the ASRM Board

(2025-2028), the significance of which is especially noted as she is the first nurse/nurse practitioner to ever hold this position in ASRM's 80-year history. Her leadership in ASRM was also recognized in 2023 when she became the recipient of the ASRM Service Milestone Award recipient for serving 15 years in leadership board and/or committee positions including receipt of the ASRM STAR Award recipient in 2021 for presenting at 9 ASRM Annual Meetings/Scientific Congresses. She is the Founding Member and Past Chair of ASRM Advanced Practice Provider Professional Group (APPPG), the Past Chair of the ASRM Nurses Professional Group (NPG), Co-Chair of the Donor Egg Meeting, and Founder and Past President of STARS (Seattle Tacoma Area Reproductive Society) a non-profit organization providing continuing education for fertility experts. Ms. Tobias served on the Executive Council of SART (Society for Assisted Reproductive Technologies) and has been a popular speaker at ASRM Annual Meetings and other professional conferences.

She is the author and publisher of [Fertility Walk, Hiking Gear for the Two-Week Wait](#), and [Bella's Family Tree](#), as well as articles in nursing newsletters and journals. Both *Seattle Metropolitan Magazine* and *Seattle Magazine* have consistently recognized her among the "Top Nurse Practitioners".